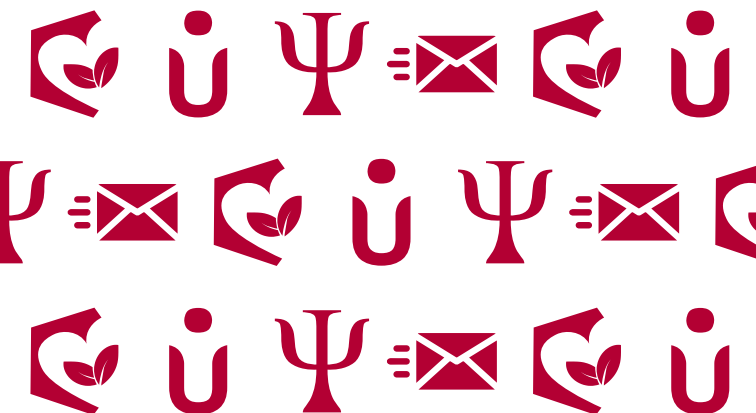


For an **INCLUSIVE,**
EQUITABLE
and **DIVERSE**
UCLM



The University of Castilla-La Mancha constitutes an excellent space for **social progress, research, and work that respects everyone's equity, equality, diversity, and dignity.** No discrimination on the grounds of gender, sexual orientation, race or any other personal or social circumstance will be permitted.

The well-being of our university community is one of our priorities, which is why the UCLM offers students and staff the following services:



Healthy UCLM programme



The aim of this programme is to provide students and staff with useful information on how to obtain and maintain good psychosocial, physical and mental health.



Gender equality policies



The UCLM offers this safe space where members of the university community can report situations of gender discrimination. This gives us the opportunity to identify possible areas of improvement and ways to prevent them.



Psychological support and guidance system (SOAPP)



This is a free system that aims to guide and provide psychological support to both students and staff. This service offers individual sessions (both online and face-to-face) to those who request it.



Complaints and suggestions



By using this mailbox, you can register any ideas or suggestions that you think could benefit the UCLM. Complaints can also be sent to the “Defensoría Universitaria”. This unit will register them and make suggestions to ensure that everyone’s rights are met.